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## Frequently Asked Questions about becoming a clinical supervisor for OBLPCT Associates in Oregon + Understanding the 30 Hour Clinical Supervision Training Requirements

Rules may change. You are responsible for being up-to-date on the current requirements. Updated January 2023

## FAQ's

# 1. What are the requirements for becoming a Clinical Supervisor to Associates for the OBLPCT in Oregon?

You are considered eligible to supervise professional counselor associates and marriage and family associates via the <u>OBLPCT</u> if you:

(1) Hold a current, active license in Oregon as a mental health professional;

(2) Have been licensed in Oregon as a mental health professional for at least 3 years;

(3) Complete 30 clock hours of post-master's degree supervision training;

(4) Successfully pass the Board's law and rules exam; and

(5) For supervisors of marriage and family therapist associates only: supervision training that includes systems components.

### 2. Do I need to become a Supervisor Candidate if I already meet the above requirements?

No. The <u>wording is definitely confusing</u> but you do not need to become a Candidate which entails securing supervision of supervision through an Approved Supervisor on the Registry <u>if you meet the</u> <u>above qualifications</u>. See Q10 below for more information on this.

### 3. How do I become an Approved Supervisor?

This is a confusing question! You are only considered an Approved Supervisor if you go through the Registry process but you are indeed qualified to supervise in Oregon if you meet the basic requirements listed in Q1.

## 4. How do I register to become a clinical supervisor if I meet the basic requirements in Oregon for the OBLPCT?

There is no particular method to "register" at the current time. Meaning, if you are going to supervise an Associate, you'll need to fill out Form 7: ASSOCIATE SUPERVISED CLINICAL EXPERIENCE PLAN each time you want to be added to an Associate's plan. There is no current way around this. The Associate fills out page 1, the supervisor fills out pages 2,3, & 4, and you both sign page 4 and then it is submitted by the Associate to the Board. As the supervisor, you will not receive specific notification that you have been approved but the supervisee will.

### 5. Does this course qualify for continuing education credits in Oregon?

YES! Karen Hixson LPC LLC has been approved by NBCC as an Approved Continuing Education Provider, ACEP NO. 6897. Programs that do not qualify for NBCC credit are clearly identified. Karen Hixson LPC LLC is solely responsible for all aspects of the program. ACEP #6897

Please check the requirements of your state board if you are joining the training from outside of Oregon. This course only reviews Oregon related legal and ethical requirements.

### 6. Can I take this training if I'm a social worker or a psychologist?

Yes! Your requirements to supervise in your own field may differ, but if Oregon LCSW's and Psychologists want to provide supervision to OBLPCT Associates, you must take a 30 hour supervision training. This training reviews the requirements to supervise OBLPCT Associates and BLSW Associates but we do not review requirements for supervising Psychologist Associates since LPC's, LMFT's, & LCSW's cannot supervise Psychologists for licensure in Oregon.

# 7. Does this course qualify if I want to supervise Marriage and Family Therapy Associates in Oregon?

This particular course does qualify for you to supervise marriage and family therapy associates as I include supervising systems as part of the curriculum.

### 8. What if I haven't been licensed in Oregon for 3 years? Can I still supervise associates?

Yes, if you are an LPC or LMFT there is a path for this. You can engage the Registry process outlined <u>here</u> which entails finding an Approved Supervisor you can do supervision of supervision with so that you may start supervising before being licensed for 3 years. If you are a social worker or psychologist, you must be licensed for 3 years to supervise Associates for the OBLPCT.

### 9. Will this course help if I'm only supervising graduate school level interns?

Yes! The majority of the course content will be applicable to your supervision of graduate students.

### 10. Does this course "expire?"

The course doesn't expire for LPC's and LMFT's in Oregon, meaning, you don't have to retake the 30 hour course once you have completed it but you must complete <u>3 hours of continuing education</u> in supervision related topics every 2 years to remain eligible to supervise. "For licensees who supervise registered associates, including all licensees on the Supervisor Registry, 3 clock hours of supervision-related training." If you are an OBLSW supervisor or a Psychologist, please check your own board requirements for maintaining your supervisor credential.

### 11. What's required for being on the Registry? I don't understand the Registry!!!

Nobody does! If you aren't an LPC or LMFT, it doesn't apply to you all. If you qualify to supervise under the guidelines outlined in Q1 above, then the only benefit to joining the Registry is to become eligible to supervise Supervisor Candidates in the future.

What's required for Placement on Supervisor Registry, becoming a Supervisor Candidate, and becoming an Approved Supervisor can be found <u>here.</u> The basics are listed below but please check the website link.

#### Step 1: Become a Supervisor Candidate

Requirements:

- 1. Hold an active Oregon LPC or LMFT license;
- 2. Complete 30 clock hours of post-master's degree supervision training;
- 3. Successfully pass the Supervisor's Law and Rules Exam;
- 4. Supervision of Supervision (Select Approved Supervisor from Registry to be Supervisor); and
- 5. For supervisors of marriage and family therapist associates only: supervision training must include systems components.

### Step 2: Become an Approved Supervisor

<u>After</u> meeting the requirements to become a Supervisor Candidate (Step 1, above):

- 1. Either hold your active Oregon LPC or LMFT license for three years, <u>or</u> Be an Approved Supervisor through the AAMFT or the NBCC Center for Credentialing and Education; <u>and</u>
- 2. Document at least 12 hours of supervision by a Board Approved Supervisor within the past 2 to 5 years. The licensee may have up to two Approved Supervisors, and both Approved Supervisors must complete an evaluation. Approved supervision may include one on one or group supervision of not more than 6 supervisees; <u>and</u>
- 3. Document a minimum of 100 hours between 2 and 5 years of experience supervising at least two registered associates or student interns from Board-Approved Oregon graduate programs.

### 12. How do I find an Approved Supervisor to do Supervision of Supervision with me?

Well, using the portal isn't easy because of how the results are sorted. You can ask around in your community as well as ask on the counselor facebook groups and listservs. If you are not doing the formal registry process, you can obtain informal supervision of supervision from any practitioner who has experience and provides this service.

## 13. Can my supervision of supervision sessions be counted for continuing education? What about for the specific supervision CE requirement?

*"Licensees can obtain a maximum of 10 clock hours within a two year reporting period: (D) Receiving supervision for a fee from a supervisor who meets the Board's standards on supervision. Credit shall only be given to the licensee receiving supervision, not to a licensee providing supervision. No credit shall be given to licensees receiving supervision to fulfill licensure or discipline requirements."* 

Yes! When it is time to provide your CE's at renewal, write up a document outlining the dates and amount of time spent doing supervision of supervision, professional supervision, or professional consultation and send this document to your supervisor/professional consultant to verify and sign. Up to 10 hours can be counted each two year CE reporting period. OBLPCT Licensees need 3 hours of supervision related training each CE reporting period. Check out the OBLPCT CE Guidelines <u>HERE!</u> Check out more detailed OAR's <u>HERE.</u>

Feel free to email me if you have questions or corrections: <u>kh@drhixson.com</u>